

BBCR Trainingszeiten ab 13.04.2026			
Montag			
16:00 - 18:00	CTR große Halle	M12.1 / M12.2 Try Outs	(Olivier) / Stefan/ Joel
16:00 - 18:00	CTR große Halle	M10	Nick / Jonas
15:30 - 17:30	Kronwerk	M12.1/M14.2	Olivier / (Nico)
17:00 - 19:00	Kronwerk	W14	Timo / LA
17:15 - 18:30	Hela	Unified	Thomas / Leon
18:30 - 20:30	Hela	M16.3	Mathias / Nico
15:30 - 17:45	Herder	M14.1 / M16.2	Enver
17:45 - 20:00	Herder	U18.1	Enver
20:00 - 22:00	Herder	Twisters	Felix
Dienstag			
15:30 - 17:30	Hela	W12	Lea / (Timo)
17:30 - 19:30	Hela	M14.2	Lauris
19:30 - 21:30	Hela	3. Herren	
20:00 - 22:00	Altstadt	BB4 Fun	
17:00 - 18:00	Kronwerk	W18.1 Skill	Nico
16:45 - 18:30	Kronwerk	W16 / W18.2+	Tilli
18:30 - 20:30	Kronwerk	W18.1 / Suns	Nico / Linus
20:30 - 22:00	Kronwerk	4. Herren	Jürgen
15:30 - 17:00	CTR große Halle	M9	Lorenz / Jason
15:30 - 17:00	CTR große Halle	M15 Skill	Denis
17:00 - 19:30	CTR große Halle	JBBL	Antje / Jonathan
19:30 - 21:30	CTR große Halle	Twisters / 2. Herren	Antje
Mittwoch			
15:00 - 17:00	CTR große Halle	M10	Nick
15:00 - 16:30	CTR große Halle	M9	Lorenz / Jason
15:00 - 16:30	CTR große Halle	W10	Mathilda / Maame
17:00 - 19:15	CTR große Halle	W18.1 / Suns	Nico / Linus
15:00 - 16:00	CTR Halle 2	Maxi Baskids	Antje / Minel
16:00 - 17:00	CTR Halle 2	Eltern- / Kind-Turnen	Antje
16:30 - 17:30	Kronwerk	JBBL	Martin
17:30 - 19:30	Kronwerk	JBBL	Antje / Jonathan
16:45 - 19:00	Hela	U14.1	Enver
19:30 - 21:30	Herder	3x3 Open Gym Seniors - 2011	Nico
Donnerstag			
15:30 - 18:00	Herder	Shooting W18 / M18 / W16 / M16	Nico
16:00 - 17:30	Hela	M16.3	Mathias
17:30 - 20:00	Hela	Stützpunkt 3x3	Antje
20:00 - 22:00	Hela	Twisters 3x3	Lennard / Antje
16:30 - 18:30	Kronwerk	M12.1 / M14.2	Olivier / Lauris
18:30 - 19:30	Kronwerk	Tanz Fitness	Leila
18:30 - 20:30	Kronwerk	M18.2	Nico
20:30 - 22:00	Kronwerk	IT	Fank
16:00 - 18:00	CTR Halle 2	Cheerleader	Leila
Freitag			
15:00 - 17:00	Altstadt	W10 / W12	Frieda / Maame / Lea / (Timo)
17:00 - 19:00	Altstadt	W14	Timo / LA
16:00 - 18:30	Herder	JBBL	Antje / Jonathan / Martin
18:30 - 21:00	Herder	W18.1	Nico / Linus
15:30 - 17:30	Hela	M12.2 / M12.3	Joel / Jonas
17:30 - 19:30	Hela	W16 / W18.2+	Tilli
19:30 - 21:30	Hela	4. Herren	Jürgen
16:00 - 18:00	Kronwerk	M14.1 / M16.2	Enver
18:00 - 20:15	Kronwerk	M18.1 / 2. Herren	Enver